

# BROOKDALE E STATE

SAMPLE  
BUFFET MENU



## FROM THE KITCHEN

Detox Salad

Aubergine, minted buttermilk dressing & dukkah spice

-----  
Fillet of grain-fed beef

or

Jerk Chicken

-----  
Fish of the day

Or

Butternut & chickpea curry with cous cous

-----  
Gratin potato

Seasonal vegetables

-----  
Chocolate tart

Fresh fruit

# BROOKDALE E STATE

SAMPLE  
TASTING MENU



## FROM THE KITCHEN

### TO BEGIN

Mushroom cappuccino, truffle foam

### TO CLEANSE

Cauliflower risotto, cumin roast cauliflower, lemon beurre noisette

### TO REFRESH

Pan seared kabeljou, spiced palak, tomato & coriander

### TO SAVOUR

Fillet of beef, roast garlic potato mousseline, rosemary jus

### TO COMPLETE

Coffee crème caramel, almond cookie, vanilla ice cream

# BROOKDALE E S T A T E



## FROM THE KITCHEN

### TO BEGIN

Chilled tomato water, parmesan tuille

### TO CLEANSE

Raw broccoli & avocado salad

### TO REFRESH

Dukkha crusted tuna, basil pea purée, pickled cucumber

### TO SAVOUR

Pan seared salmon, spiced palak, new potato, vegetable atchar and tomato

### TO COMPLETE

Chocolate marquise, soft burnt meringue, pistachio ice cream

SAMPLE PESCATARIAN  
TASTING MENU